**Preview before class** – Skim the chapter, note headings and boldface words, review summaries and chapter objectives, and note questions you would like answered in class.

**Attend class** – GO TO CLASS! Ask questions and take meaningful notes.

**Review after class** – Within 24 hours, read notes, fill in gaps and note any questions.

**Study** – Repetition is the key. Ask questions such as ‘why’, ‘how’, and ‘what if’.
- Intense Study Sessions* - 3-5 short study sessions per day
- Weekend Review – Read notes and material from the week to make connections

**Assess your Learning** – Periodically perform reality checks
- Am I using study methods that are effective?
- Do I understand the material enough to teach it to others?

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*Intense Study Sessions

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<th>Step</th>
<th>Task</th>
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| 1    | Set a Goal                                                          | (1-2 min)| Decide what you want to accomplish in your study session
| 2    | Study with Focus                                                   | (30-50 min)| Interact with material- organize, concept map, summarize, process, re-read, fill-in notes, reflect, etc.
| 3    | Reward Yourself                                                    | (10-15 min)| Take a break– walk around, get a snack, relax
| 4    | Review                                                              | (5 min)  | Go over, summarize, and wrap-up what you studied
Creating
Combining information to form a unique thesis, concept, or product - requiring creativity and originality. Putting elements together to form a coherent or functional whole; reorganizing elements into a new pattern or structure through generating, planning, or producing.

Key ideas: Design, Hypothesize, Invent, Develop, Compose, Estimate, Theorize, Elaborate, Test, Improve, Originate

Evaluating
Making decisions and supporting views - understanding of values, judging the validity of ideas or quality of work based on a set of criteria, having a profound understanding of the discipline. Making judgments based on criteria and standards through checking and critiquing.

Key ideas: Judge, Critique, Justify, Recommend, Criticize, Assess, Disprove, Rate, Resolve

Analyzing
Identifying components - determining arrangement, logic, and semantics to identify organizational structure. Breaking material into constituent parts, determining how the parts relate to one another and to an overall structure or purpose through differentiating, organizing, and attributing.

Key ideas: Analyze, Categorize, Separate, Dissect, Simplify, Deduct, Infer

Applying
Using information to solve problems - transferring abstract or theoretical ideas to practical situations, identifying connections and relationships and how they apply. Carrying out or using a procedure through executing or implementing.

Key ideas: What if, Use, Compute, Solve, Demonstrate, Apply, Construct, Build, Experiment

Understanding
Restating in your own words - paraphrasing, summarizing, translating. Constructing meaning from oral, written, and graphic messages through interpreting, exemplifying, classifying, summarizing, inferring, and explaining.

Key ideas: Why, How, Explain, Paraphrase, Describe, Illustrate, Compare, Contrast, Interpret, Outline, Map, Rephrase

Remembering
Memorizing information verbatim - retrieving, recognizing, and recalling relevant knowledge from long-term memory.

Key ideas: What, Remember, List, Label, State, Define, Choose, Find, Select, Match